

## “FIXING MY ANGER PROBLEM”

### “Wii ARE FAMILY” – Part 1

Pastor Lee McFarland

“Do not let the sun go down while you are still angry, and do not give the devil a foothold... Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”  
Eph. 4:26-27, 31-32

### WHY DO I GET ANGRY? BECAUSE I AM...

#### 1. \_\_\_\_\_ GOD IS NOT GOING TO BE \_\_\_\_\_ .

“But Abel brought fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering, but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.”  
Genesis 4:4-5

**Fix:** Ask God to replace my \_\_\_\_\_ with \_\_\_\_\_ .

“Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.”  
Psalm 51:10-12

#### 2. UNWILLING TO \_\_\_\_\_ GOD TO \_\_\_\_\_ IT .

“Take the staff, and you and your brother Aaron gather the assembly together. Speak to that rock before their eyes and it will pour out its water... Then Moses raised his arm and struck the rock twice with his staff.”  
Num. 20:8,11

**Fix:** Ask God to replace my \_\_\_\_\_ with \_\_\_\_\_ .

“...Jesus said, ‘Everything is possible for him who believes.’ Immediately the boy’s father exclaimed, ‘I do believe; help me overcome my unbelief!’”  
Mark 9:23-24

#### 3. \_\_\_\_\_ AWAY THAT GOD LET A \_\_\_\_\_ HAPPEN .

“And Absalom hated Amnon so much for having raped his sister Tamar that he would no longer even speak to him.” 2 Samuel 13:22

**Fix:** Ask God to replace my \_\_\_\_\_ with \_\_\_\_\_ .

“Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everybody. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my friends, but leave room for God’s wrath, for it is written: ‘It is mine to avenge; I will repay,’ says the Lord. On the contrary: ‘If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.’ Do not be overcome by evil, but overcome evil with good.” Romans 12:17-21

#### 4. FEELING LIKE I \_\_\_\_\_ MORE \_\_\_\_\_ .

“When Haman saw that Mordecai would not kneel down or pay him honor, he was enraged.”  
Esther 3:5

**Fix:** Ask God to replace \_\_\_\_\_ with \_\_\_\_\_ .

“So be content with who you are, and don’t put on airs. God’s strong hand is on you; he’ll promote you at the right time.”  
1 Peter 5:6 (Msg)

#### 5. TRYING TO \_\_\_\_\_ THE \_\_\_\_\_ OF LIFE.

“When the donkey saw the angel of the Lord, she lay down under Balaam, and he was angry and beat her with his staff.” Num. 22:27

**Fix:** Ask God to replace my \_\_\_\_\_ with his \_\_\_\_\_ .

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”  
Philip. 4:6-7