

“AVOIDING A CHRISTMAS MELTDOWN”

“This Year Will Be...Different!” – Part 4

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“A prayer of one whose life is falling to pieces, and who lets God know just how bad it is... ‘Hear my prayer, O Lord; let my cry for help come to you. Do not hide your face from me when I am in distress. Turn your ear to me; when I call, answer me quickly.’” Psalm 102:1-2 (Msg+NIV)

SOMETIMES DURING THE HOLIDAYS IT...

1. SEEMS LIKE THERE’S NO TIME FOR _____ .

“For my days vanish like smoke; my bones burn like glowing embers.” Psalm 102:3

2. SEEMS LIKE MY _____ ARE NOT BEING MET .

“My heart is blighted and withered like grass; I forget to eat my food.” Psalm 102:4

3. SEEMS LIKE THERE’S NO WAY TO _____ .

“Because of my loud groaning I am reduced to skin and bones.” Psalm 102:5

4. SEEMS LIKE THERE’S MORE _____ .

“I am like a desert owl, like an owl among the ruins. I lie awake; I have become like a bird alone on a roof.” Psalm 102:6-7

5. SEEMS LIKE I HAVE NOBODY TO _____ ME .

“All day long my enemies taunt me; those who rail against me use my name as a curse.” Psalm 102:8

6. SEEMS LIKE NOBODY REALLY _____ .

“For I eat ashes as my food and mingle my drink with tears.” Psalm 102:9

THIS CHRISTMAS CAN BE “AMAZING” IF I...

1. STAY _____ WHEN MY _____ FALL APART .

“This is how the birth of Jesus Christ came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be with child through the Holy Spirit.” Matthew 1:18

2. SHOW GODLY _____ UNDER _____ .

“Because Joseph her husband was a righteous man and did not want to expose her to public disgrace, he had in mind to divorce her quietly.” vs. 19

3. STOP & _____ WHEN I FEEL LIKE _____ .

“While he was trying to figure a way out... an angel of the Lord appeared to him in a dream and said, ‘Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit.’” vs. 20 (Msg+NIV)

4. SEARCH OUT GOD’S _____ IN MY _____ .

“She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins.” vs. 21

5. SURRENDER MY _____ FOR GOD TO HOLD _____ .

“All this took place to fulfill what the Lord had said through the prophet: ‘The virgin will be with child and will give birth to a son, and they will call him Immanuel’ - which means, ‘God with us.’” vs. 22-23

6. SACRIFICE MY _____ TO GIVE GOD _____ .

“When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. But he had no union with her until she gave birth to a son and she gave him the name Jesus.” vs. 24-25